

I The Holy Spirit (asking for a friend) *The Holy Spirit WITH us*

Pastor Marty Walker

The Holy Spirit, working as our Advocate, gives us power, love, and perspective.

1. The Holy Spirit _____ us with power
2. The Holy Spirit _____ us with love
3. The Holy Spirit _____ us with a proper perspective

Strategies for Loving Well

- _____ others for who they are
- Be _____ with people's progress
- Connect with others when they _____
- Desire what's _____ for others

Possible GROWth Journaling Scriptures

for more information on journaling visit thesanctuarychurch.com/growth

John 14:15-17, 26, 15:26, 16:8 / Psalm 27:1 / 1 Corinthians 13:1-8

Ephesians 2:4-5 / Philippians 1:6 / Romans 5:5, 12:15

Conversations in Community

(Use these questions in your Community Groups, GROWth Groups, with your family or your friends to give you practical ways to walk out Pastor Marty's message.)

Describe a time in your life when you needed comfort during a situation, but you felt all alone.

Do you think going through a difficult situation is easier or harder with someone walking with you through the situation? Why?

On a scale of 1 to 4, (1 being not very anxious – 4 being very anxious) rate yourself on how anxious you are about the future. Ask the Holy Spirit to guide you in a plan to walk in greater peace and not in anxiety. **Write it down.**

On a scale of 1 to 4, (1 being very important – 4 being not very important) rate how well your spirit is filled with the things of God. Pray and ask the Holy Spirit to guide you in a plan to fill your spirit with the things of God. **Write it down.**

When—*not if*—I've got situations and circumstances where I'm . . .

- Feeling *lonely*: (READ Hebrew 13:5) the Holy Spirit reminds me...
- Feeling *insecure*: (READ Psalm 16:8–9) the Holy Spirit reminds me...
- Feeling *afraid*: (READ Isaiah 43:2) the Holy Spirit reminds me...
- Feeling *uncertain*: (READ Job 13:27) the Holy Spirit reminds me...
- Feeling *depressed*: (READ Psalm 34:18) the Holy Spirit reminds me...