

H The Holy Spirit (asking for a friend) The Holy Spirit **IN** us

Pastor Marty Walker

The Holy Spirit, and our relationship with Him, is a vital part of Christian living

1. The Holy Spirit brings _____.

2. The Holy Spirit brings _____.

3. The Holy Spirit brings _____.

Peace Thieves

- _____ circumstances
- _____ people
- _____ problems

Possible GROWth Journaling Scriptures

for more information on journaling visit thesanctuarychurch.com/growth

2 Corinthians 13:4 / Ephesians 6:18 / 1 Corinthians 2:10, 12:3

Acts 2:42-47, 19:1-2 / Psalm 119:165 / John 14:26-27, 16:13

Isaiah 26:3 / Luke 11:13

Conversations in Community

(Use these questions in your Community Groups, GROWth Groups, with your family or your friends to give you practical ways to walk out Pastor Marty's message.)

Read Romans 8:1–9 then answer the following questions:

When you hear the word *condemnation* what comes to mind?

When you read the phrase “the life-giving Spirit has freed you” from the verse above, what comes to your mind?

How does the Holy Spirit bring peace?

On a scale of 1 to 4, with 1 being very well and 4 being not so much, rate yourself on how well you walk in the peace the Holy Spirit brings. *(discuss or write out ways you can improve)*

Over the next week, reflect daily on who or what occupies your mind. *Make a list of the “peace thieves” in your life.*

Life in the Spirit brings many benefits and blessings. He brings us freedom when we forgive and when we interact with Him daily. The Holy Spirit brings us peace when we accept Him, trust Him, and surrender to Him. He longs for and brings us fellowship when we share our lives with Him. All these benefits are valuable to us on a personal level when the Holy Spirit lives in us.

For the next week, as you spend time in prayer, journal your thoughts on what the Holy Spirit gives to you. *(share your thoughts with a trusted friend)*