

TEACHING NOTES April 21<sup>st</sup>, 2024  
The Need for Spiritual Formation  
**Feed Yourself**  
Pastor Marty Walker

**Where can we get soul training to reinforce the narratives and kingdom Jesus proclaimed?**

What we \_\_\_\_\_ about God is where the path to spiritual transformation begins.

The process of spiritual formation is **ALIGNING** what we \_\_\_\_\_ about God... with what Jesus \_\_\_\_\_ about God.

Studying the Bible helps us—as apprentices of Jesus—know how to live in \_\_\_\_\_ with others.

The Christian faith isn't \_\_\_\_\_ about beliefs-n-practices, it's \_\_\_\_\_ about the kind of people we become.

**GROWth Journaling Scriptures**

for more information on journaling visit [thesanctuarychurch.com/growth](https://thesanctuarychurch.com/growth)

Amos 8:11 / 2 Peter 1:4-7 / Jesus' Sermon on a Hillside: Matthew 5-7

Jesus' Great Commandment: Matthew 22:37-40 /

Jesus' Great Commission: Matthew 28:19-20

## **Conversations in Community**

**Use these questions in your Community Group, GROWth Groups, with your family or your friends to give you practical ways to walk out today's message.**

What narratives about God do I believe that are false? Ideas like:

- "God wants me to try harder." NOT TRUE!
- "God blesses me when I'm good and punishes me when I'm bad." NOT TRUE!
- "God is angry with me." NOT TRUE!

How do I currently view God?

Is what Jesus reveals about God in alignment or contradiction what I think about God.

Which one of the 6 Bible Study Methods could I implement this week?

What "revelations" have I discovered in the Bible that have changed how I view God?

### **Six Bible Study Methods**

1. **EXPOSITORY:** studying in depth verse by verse, using observation, interpretation, and application.
2. **SURVEY:** studying general information about the author and audience, dates, location, themes, writing styles, etc.
3. **TOPICAL:** studying topics we're interested in like marriage, family, finances, prophecy, etc.
4. **BIOGRAPHICAL:** studying the character and life of one of the 2900+ people mentioned in the Bible.
5. **WORD STUDY:** studying specific words like Hallelujah, Hosanna, Messiah, and Christ, or phrases like spiritual gifts.
6. **DEVOTIONAL:** studying in preparation to meet each day with confidence of God's presence throughout the day.