

TEACHING NOTES April 14th, 2024
A Devotional Life vs. A Life of Devotion
Feed Yourself
Pastor Marty Walker

How can our connection to the Bible be a time of anticipation and not anguish?

Three Tools to Feed Ourselves:

1. A _____
2. A _____
3. A _____

G.R.O.W.th Journaling

Step 1: G—_____ Word

Step 2: R—_____ on it

Step 3: O—_____ it up

Step 4: W—_____ it out

Step 4a: th—_____ it through

“How am I gonna be different today because of what I’ve read in my Bible and written in my journal?”

GROWth Journaling Scriptures

for more information on journaling visit thesanctuarychurch.com/growth

Amos 8:11 / Deuteronomy 17:18 / Habakkuk 2:2 / Proverbs 16:9 /

Isaiah 28:10 / Matthew 5:3-10 / James 1:22

Conversations in Community

Use these questions in your Community Group, GROWth Groups, with your family or your friends to give you practical ways to walk out today's message.

What's the difference between a devotional life and a life of devotion?

Do I have the "three tools" for a life of devotion: a bible, a plan, a journal?

What stops me from pursuing G.R.O.WTH Journaling?

How... When... Where... can I take the time this week to sit with God? Read? Journal? Pray?

How has journaling impacted my life and relationship with God?

If I haven't journaled before, what has been a barrier to journaling?

What can I adjust in my life to make space and time for journaling?

Am I willing to commit to taking the time for growing in my relationship with God through G.R.O.WTH Journaling?

If not, why not?